



The

CAACDIS

Connection

JOURNAL OF CALIFORNIA ACDIS CDI CHAPTER

Welcome to the 4th issue of the CA ACDIS journal!

11<sup>th</sup> Annual ACDIS CDI Conference in San Antonio Texas

Submitted by Rani Stoddard

The 11th annual ACDIS conference is over and it was a roaring success. There were roughly 2,000 attendees—more than 120 speakers for 60 breakout sessions and three keynote addresses, more than 50 exhibitors (53 to be more precise), more than 40 poster presentations, and dozens upon dozens of networking opportunities both during the day and in the evening as well.

California had 160 people attend. During state pride day, wearing our California garb, we took over 10 tables at lunch time, networked like crazy and a fun time was had by all.



*Pictured: Cris Gumayagay, Marketing, Madhu Subherwal, former Education Chair, Rani Stoddard, Secretary, and Dr. Joel Lipin, Co-Chair*

(continued on page 2)



Issue  
04  
July  
2018

(cont'd from page 1)

According to ACDIS's Melissa Vanavas: "Make no mistake, the CDI profession is alive and well—and growing. We have seen expansion into post-acute care settings including inpatient rehab, long term acute care facilities, pediatrics, and psychiatric hospitals and services. We're seeing large growth into outpatient settings including hospital clinics and physician practices. Huge influxes of foreign medical graduates are joining CDI, finding a calling and fulfilling the promises of the American dream by applying their overseas clinical acumen to this great profession."

The sponsors included:

**Title sponsor:** TrustHCS

**Diamond sponsors:** Optum, UASI

**Platinum sponsors:** 3M, ChartWise, Elsevier, Iodine Software

Healthcare futurist Joe Flower took the stage to kick off this year's ACDIS conference in San Antonio by sharing a robust vision of healthcare's future—from technological innovation that leads to integrations of care from providers to payers to patients.

Flower laid out a new periodic table for healthcare during his session, divided into four quadrants:

- Drivers (patient, physician, etc.)
- System
- Payment

Technology

David S. Nilasena, MD, MSPH, MS, the "CMS guy," as he referred to himself, took the stage to open Day 2 of the 2018 ACDIS conference. He is the chief medical officer for CMS' Dallas Regional Office. He shared some insight into the new CMS programs aimed at improving quality and reducing regulatory burdens for providers.

During the session, Nilasena discussed four main programs and initiatives:

- Patients Over Paperwork
- Meaningful Measures
- Interoperability

Merit-based Incentive Payment System

The general session speaker Allison Massari said: "If you take 'One Thing' from me today, I hope it's that compassion heals the deepest wounds".

No meeting would be complete without the award session. This year's winners are:



***CDI Professional of the Year***

**Rebecca Willcutt, BSN, RN, CCDS, CCS, CRC**, director of the CDI program at Cooper University Hospital in Camden, New Jersey, "not only a director, but a mentor," according to one nominator

(continued on page 3)

(cont'd from page 2)

### **Recognition of CDI Professional Achievement**

**Tracy Boldt, RN, BSN, CCDS, CDIP**, is the CDI system manager at Essentia Health in Duluth, Minnesota. “When I think of a CDI role model and mentor, the first person who comes to mind is Tracy,” wrote one nominator. “I cannot think of a more deserving recipient for this award.”



### **Excellence in Provider Engagement**

**Vijeta Salunkhe, MBBS, MHA, MBA, CCDS, CCS**, is the CDI manager at Baylor Scott and White McLane Children’s Medical Center in Temple, Texas. “Due to her excellent leadership and cooperative skills, she has been able to build strong relationships with our physicians, advance nurse practitioners, residents, case management team, and other personnel,” wrote one nominator.



### **Pediatric CDI Professional Achievement**

**Leah Savage, MSN, RN, CCDS**, is the system manager of CDI at Norton Health Care in Louisville, Kentucky. “In my many years in CDI, I cannot think of a more qualified, dedicated, and passionate CDI professional than Leah,” wrote one nominator.



### **Rookie of the Year**

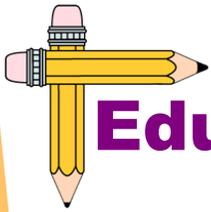
**Heather Sandstrom-Schipma, RN, BSN**, a CDI specialist at Dignity Health-St. Joseph’s Hospital in Phoenix, with Optum360, started working in CDI in 2017 and has “become the ‘go to CDI’ for all things NICU related,” one of her nominators wrote.



And while there’s nothing quite like the energy and enthusiasm of the ACDIS conference, members know well how that educational experience continues all year long though the [local chapter events](#), [online learning](#), [bi-monthly Journal](#), [ACDIS Forum](#), and a host of other resources.



And the surprise news announced by Brian Murphy, President of ACDIS, was that ACDIS is developing the Certified Clinical Documentation Specialist-Outpatient (CCDS-O) to provide a trusted baseline of competency for CDI in the outpatient setting, which includes physician practices, hospital clinics, and the emergency department, among other settings. The certification is expected to launch in late 2018. For more information, please check out the ACDIS website at <https://acdis.org/certification/ccds-o>.



# Education R E CORN

Be sure to **SAVE THE DATE** for this year's conference **Friday October 19th** at **Point Loma Nazarene University** located in beautiful San Diego California.

**The 4th Annual California ACDIS Conference**  
*Friday, October 19, 2018 8am – 4pm*



*California*  
**acdis**  
*Official Local Chapter*

**LIBERTY & STATION**  
CONFERENCE CENTER

Point Loma Nazarene University  
2600 Laning Road, San Diego, CA 92106



Join us at the 4<sup>th</sup> CACDIS Conference in San Diego!  
Reserve your spot - FREE Registration!

<https://www.eventbrite.com/e/4th-annual-california-acdis-conference-friday-october-19th-plnu-liberty-station-conference-center-tickets-46559718371>



**FREE Evening Social/Networking Event**  
**Thursday, October 18, 2018 (6-8pm)**  
**Venue TBA**

Thank you to our Conference sponsors

## Platinum Level



## Gold Level



# Decubitus Ulcer and pressure injuries

Is there a difference?

**AUTHORS:**  
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CDI at Marian Regional Medical Center (Optum360)  
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CDI at Marian Regional Medical Center (Optum360)



**The two terms are synonymous.** As per the National Pressure Ulcer Advisory Panel (NPUAP) changes in April 2016, there is a change in terminology from “pressure ulcer” to “pressure injury,” and the stages of pressure injury were also updated. Therefore, pressure injury can be coded as a pressure ulcer.



## IDENTIFY

### Stages of ulcers:

- Stage 1:** Non-blanchable erythema of intact skin
- Stage 2:** Partial thickness skin loss involving epidermis, dermis or both
- Stage 3:** Full thickness skin loss involving damage to or necrosis of subcutaneous tissue that may extend down to but not through underlying fascia
- Stage 4:** Full thickness skin loss with extensive destruction, tissue necrosis or damage to muscle, bone or supporting structures (i.e., tendons, joint capsule)

**Unstageable:** If slough or eschar obscures the extent of tissue loss this is an unstageable pressure ulcer.

*According to the Fourth Quarter 2017 Coding Clinic, Unstageable Pressure Ulcer, if a patient is admitted with an unstageable pressure ulcer, and the eschar is removed to reveal the stage of ulcer site with the highest stage reported during the stay with a POA indicator of Y.*



## CODE

### Query opportunities for CDI:

If the site, etiology or POA status is not clear in the physician’s documentation, then the CDI has to query for it. They can take the stage of an ulcer from the wound care notes. The CDI should also query for the depth and type of debridement if it is not clear in the documentation. See table at right for documentation and coding purposes.



## DOCUMENT

### Documentation required to code pressure ulcers:

- Pressure ulcers have specific documentation requirements:
- Document the exact location of the ulcer
- Document the stage of the ulcer
- Document if the ulcer is present on admission

### Documentation reminders to physicians:

- Be sure to investigate for the presence of decubitus ulcers at the time of admission — if it is “present on admission,” please document POA
- Remember to document both the location and the stage at the time of admission, if present
- Note: Staging of ulcers can be taken from nursing/wound care notes documentation, if physician documents etiology and site of ulcer



## OBSERVE

### HAC and present on admission indicators:

- Ulcers NOT documented as being present on admission count as hospital acquired conditions (HACs) and are quality “red flags” that are tracked by CMS (Schenke\_Sen, C., 2018)



## REMOVE

### Excisional vs. non-excisional debridement:

**Excisional debridement:** The surgical removal or cutting away of devitalized tissue, necrosis, or slough

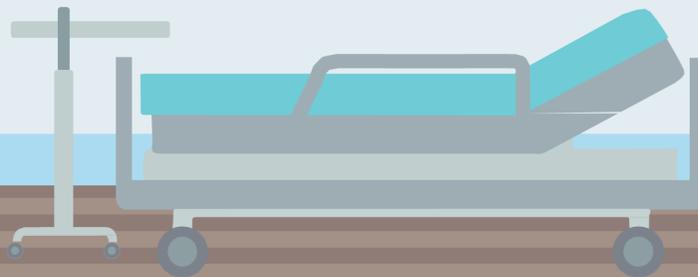
### Document:

- Excisional vs. non-excisional

**Non-Excisional Debridement:** The non-operating brushing, irrigating, scrubbing or washing of devitalized tissue, necrosis or slough

- Tool used
- Must specify deepest layer of tissue removed
- It is helpful to use phrase “down to but not including,” or “down to and including”
- Document location (body part and laterality), depth of wound and characteristics such as necrotic tissue or drainage

Code	Main term in ICD-10-CM	Comorbidity/Complication
L89.90	Pressure Ulcer unspecified (site not specified)	N/A
L89.511	Pressure Ulcer Right Ankle Stage 1	N/A
L89.502	Pressure Ulcer Right Ankle Stage 2	N/A
L89.513	Pressure Ulcer Right Ankle Stage 3	MCC
L89.14	Pressure Ulcer Right Ankle Stage 4	MCC



1. Schenke-Sen, C. 2018. Optum360 CDI Tip Sheet: Decubitus Documentation  
2. Coding Clinic for ICD-10-CM/PCS, Fourth Quarter 2017, Page 609  
3. Coding Clinic, Third Quarter 2018, Page 518

4. National Pressure Ulcer Advisory Panel April 13, 2016  
5. Johnson L. 2018. Optum360 Wound Care Documentation Pilot Project PPT

# Henry Mayo CDI Process Flow



# Member Spotlight

Meet our Poster Presenters:



Muhammad Farooq, Salman Shetty, Dr Shetty Sr Director CDI Optum360

**Rani Stoddard**, MBA, RN, CPHQ, RHIA, CCDS, C-CDI, CDI Supervisor Henry Mayo Newhall Hospital is presenter of the second poster. A graduate of both Pepperdine University for her BSM and MBA, she is also a proud graduate of the online RHIT program at Santa Barbara City College. She recently challenged the RHIA exam and passed.

Ms. Stoddard has been working in CDI since 2014 and has had the privilege of speaking at ACDIS in 2017 as well as presenting a poster at San Antonio.

She feels that CDI is an important capstone to her nursing career. The vision of helping physicians become better story tellers motivates her to continue on in this field.

(Photo on page one)

## Poster on Decubitus Ulcers

This is **Muhammad Taha Farooq**. I am a foreign medical graduate from Pakistan, graduated in 2012. After graduation I did a residency in Psychiatry for a year than I moved to USA. I completed my boards here and worked as research coordinator for a year. Then I decided to pursue my career as a clinical documentation improvement specialist and I joined Prime Healthcare. In Feb, 2017 I joined Optum360 as a CDI at Marian Regional Medical Center (Dignity Health Facility). I am certified coder and have my CCDS. I enjoy my work and wanted to grow in this field.

I am **Salman Syed**. I am a foreign medical graduate from Pakistan. I graduated from Nishtar Medical college in 2010. I am certified by Educational Commission for foreign medical graduates (ECFMG) in 2014 and also passed USMLE Step 3 in 2015. I started working as CDI with Prime Healthcare in 2015 at NJ. I moved to California in March, 2017 and started working for Optum 360 at Marian Regional Medical Center as a CDIS. I cover here Telemetry 1 and 2. I am a CCDS certified clinical documentation specialist. In ACDIS 2018 I was a co presenter for the poster on "Decubitus Ulcer".



Visit our Facebook page:

<https://www.facebook.com/californiaacdis>



# New Status... ...new beginnings!

California Association of Clinical Documentation Improvement Specialists , or CA ACDIS as we are usually known, has grown up. We are now a not for profit non-voting corporation. What that means is that we have our very own bank account to let our vendors donate money directly to the corporation, and we can pay our bills ourselves. It simplifies matters and makes it easier for anyone who wants to work as a volunteer to be part of our leadership committee. We've even applied for a California BRN provider number! But we need you!

## Volunteer opportunities:

Education Committee—Collaborate with and assist Education Coordinator to recruit speakers, obtain CEU approval for educational state chapter meetings, collaborate with chapter leaders to coordinate, plan, and staff annual conference. But, just want to submit a poster, no problem

Newsletter Committee—Collaborate with and assist Newsletter Coordinator to recruit authors and featured experts, draft, format, edit, and write articles for our quarterly newsletter publication. However, just want to submit an article, no problem

Social Media Coordinator — Create, maintain, and update California's page on the National ACDIS website and California ACDIS Facebook page, collaborate with chapter leaders and Secretary to distribute announcements, memos, etc. to chapter members via social media, collaborate with National ACDIS to recruit new California ACDIS members .Join us.

Volunteer to help at the Conference: For a one time thing at the conference: check in, registration, food distribution, sponsor check in, set up, take down, swag bag stuffing, poster hanging, customer information services, ushers, decoration—come and help

**Want to be a part of a great leadership team??? Get involved!**

Contact **Emily Emmons** at [emily.l.emmons@kp.org](mailto:emily.l.emmons@kp.org)